

## Clinical Policy: Aztreonam (Cayston)

Reference Number: IL.PHAR.209

Effective Date: 1.1.20

Last Review Date: 04.14.2022

Line of Business: Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### Description

Aztreonam (Cayston<sup>®</sup>) is a monobactam antibacterial.

### FDA Approved Indication(s)

Cayston is indicated to improve respiratory symptoms in cystic fibrosis (CF) patients with *Pseudomonas aeruginosa*.

Limitation(s) of use:

- Safety and effectiveness have not been established in pediatric patients below the age of 7 years, patients with forced expiratory volume in one second (FEV<sub>1</sub>) < 25% or > 75% predicted, or patients colonized with *Burkholderia cepacia*.
- To reduce the development of drug-resistant bacteria and maintain the effectiveness of Cayston and other antibacterial drugs, Cayston should be used only to treat patients with CF known to have *Pseudomonas aeruginosa* in the lungs.

### Policy/Criteria

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Cayston is **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

##### A. Cystic Fibrosis (must meet all):

1. Diagnosis of CF;
2. Prescribed by or in consultation with a pulmonologist or infection disease specialist;
3. Age ≥ 6 years;
4. *Pseudomonas aeruginosa* is present in at least one airway culture;
5. Member meets one of the following (a or b):
  - a. Failure of inhaled tobramycin (*Kitabis Pak<sup>®</sup>*, is preferred) unless contraindicated or clinically significant adverse effects are experienced;  
*\*Prior authorization may be required for inhaled tobramycin*
  - b. Antibiotic susceptibility testing indicates that aztreonam would be more effective than tobramycin;
6. If Cayston is prescribed concurrently (or for alternating use) with inhaled tobramycin (Bethkis<sup>®</sup>, Kitabis Pak<sup>®</sup>, TOBI, TOBI Podhaler), documentation supports inadequate

- response to either agent alone (e.g., deteriorating pulmonary status, recurrent pulmonary exacerbations);
7. Dose does not exceed 225 mg per day administered on a 28 days on/28 days off cycle.

**Approval duration: 6 months**

**B. Other diagnoses/indications**

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.

**II. Continued Therapy**

**A. Cystic Fibrosis (must meet all):**

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy as evidenced by reduction in respiratory symptoms (e.g., cough, wheezing, sputum production, or pulmonary exacerbations due to *Pseudomonas aeruginosa*);
3. If Cayston is prescribed concurrently (or for alternating use) with inhaled tobramycin (Bethkis, Kitabis Pak, TOBI, TOBI Podhaler), documentation supports inadequate response to either agent alone (e.g., deteriorating pulmonary status, recurrent pulmonary exacerbations);
4. If request is for a dose increase, new dose does not exceed 225 mg per day administered on a 28 days on/28 days off cycle.

**Approval duration: 12 months**

**B. Other diagnoses/indications (must meet 1 or 2):**

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.  
**Approval duration: Duration of request or 6 months (whichever is less);** or
2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – CP.PMN.53 or evidence of coverage documents.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

CF: cystic fibrosis

FDA: Food and Drug Administration

FEV<sub>1</sub>: forced expiratory volume in one second

*Appendix B: Therapeutic Alternatives*

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
inhaled tobramycin (Kitabis Pak)	Inhalation solution (Kitabis Pak): 300 mg inhaled BID for 28 days (followed by 28 days off tobramycin therapy)	Solution: 600 mg/day

*Therapeutic alternatives are listed as Brand name<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic.*

*Appendix C: Contraindications/Boxed Warnings*

- Contraindication(s): known allergy
- Boxed warning(s): none reported

*Appendix D: General Information*

- Aztreonam is recommended for chronic use in both mild and moderate-to-severe disease per the American Thoracic Society 2013 CF guidelines. Severity of lung disease is defined by FEV<sub>1</sub> predicted as follows: normal, > 90% predicted; mildly impaired, 70-89% predicted; moderately impaired, 40-69% predicted; and severely impaired, < 40% predicted.
- The use of continuous alternating therapy (i.e., alternating different inhaled antibiotics in order to provide continuous therapy) lacks sufficient evidence. The efficacy of this practice was evaluated in a randomized, double-blind, phase 3 trial. 90 patients received 28-days inhaled tobramycin alternating with either 28-days inhaled aztreonam or placebo. Although the study found reduced exacerbation and respiratory hospitalization rates with the alternating tobramycin/aztreonam regimen compared to tobramycin/placebo, it was underpowered, and these results were not statistically significant.

**V. Dosage and Administration**

Indication	Dosing Regimen	Maximum Dose
CF	One dose (one single use vial and ampule of diluent) inhaled TID for 28 days (followed by 28 days off Cayston therapy)	225 mg/day

**VI. Product Availability**

Vial: 75 mg

**VII. References**

1. Cayston Prescribing Information. Foster City, CA: Gilead Sciences, Inc.; November 2019. Available at: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2019/050814s023lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/050814s023lbl.pdf). Accessed October 29, 2021.
2. Mogayzel PJ, Naureckas ET, Robinson KA, et al. Cystic fibrosis pulmonary guidelines: chronic medications for maintenance of lung health. Am J Respir Crit Care Med. 2013; 187(7): 680-689.

3. Flume PA, Clancy JP, Retsch-Bogart GZ, et al. Continuous alternating inhaled antibiotics for chronic pseudomonal infection in cystic fibrosis. *J Cyst Fibrosis*. 2016; 15(6): 809-815.
4. Kapnadak SG, Dimango E, Hadjiliadis D, et al. Cystic Fibrosis Foundation consensus guidelines for the care of individuals with advanced cystic fibrosis lung disease. *J Cyst Fibros* 2020 May;19(3):344-354. doi: 10.1016/j.jcf.2020.02.015.

**Coding Implications**

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J7699	NOC drugs, inhalation solution administered through DME

Reviews, Revisions, and Approvals	Date	P&T Approval Date
New policy created, adapted CP.PHAR.209 Aztreonam (Cayson) policy.	12.9.19	
1Q 2020 annual review: no significant changes; references reviewed and updated.	12.31.19	1.7.20
1Q 2021 annual review: added prescriber restriction of pulmonologist or infection disease specialist to initial criteria; added positive response to therapy examples: reduction in respiratory symptoms (e.g., cough, wheezing, sputum production, or pulmonary exacerbations due to <i>Pseudomonas aeruginosa</i> ) in continuation criteria; added HCPCS code,; references reviewed and updated.	3.11.2021	
2Q 2022 Annual Review: no significant changes; references reviewed and updated.	4.14.22	

**Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health

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This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

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**Note: For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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