



Crisis Stabilization Multidisciplinary Team



What is Our Purpose?

In 2003, the Children’s Mental Health Act was passed, creating the Illinois Children’s Mental Health Partnership, a statewide public and private partnership developed to build a comprehensive and coordinated mental health system targeting the needs of children, adolescents, and their families in Illinois.

The Crisis Stabilization Multidisciplinary Team (CSMDT) seeks to support this partnership by promoting and developing community-based alternatives to hospital treatment and to ensure the coordinated health and social care of Youth in Care experiencing a behavioral health crisis.

The establishment of the CSMDT is to enact a higher level of systematic response to address the complex and varied mental health needs of highest acuity Illinois Department of Children and Family Services (DCFS) Youth in Care. The CSMDT will coordinate efforts to support the Mobile Crisis Response (MCR) team by addressing the immediate needs of Youth in Care who meet criteria for CSMDT response. The Crisis Stabilization Multidisciplinary Team is the shared responsibility of DCFS, Illinois Health and Family Services (HFS), and YouthCare HealthChoice Illinois.





Who Are We?

The CSMDT consists of professional representation from the following: HFS, DCFS, MCR Providers, medical professionals, mental health professionals, community stakeholders, and YouthCare staff. Professionals from other disciplines may be asked to participate on a case-by-case basis if deemed beneficial for the Youth in Care.



How Can We Help?

CSMDT staffing for Youth in Care who meet criteria will include:

- Improve coordination of health and social care for Youth in Care who experience a mental health crisis.
- Exploration and identification of additional options and resources to stabilize Youth in Care who are in crisis.
- Continuing engagement of youth/caregivers in the decision making process.
- Rapid assessment and safety planning.
- Intensive short-term home treatment.
- Collaboration with the wider mental health care system.

For more information contact:

YouthCare

E-mail: MCRNotification@centene.com



Who Should You Refer?

MCR Providers will refer Youth in Care who they are unable to connect to appropriate psychiatric care or secure appropriate treatment:

- Referrals from MCR Providers will include Youth in Care under 18 years of age who meet one or more of the following criteria:
 - Youth in emergency room more than 24 hours;
 - Youth that have had 3 CARES line calls in fewer than 30 days;
 - Youth meeting criteria for acute hospitalization for which no hospital bed can be secured.



How Do You Refer?

The CSMDT referral process is as follows:

- A case is referred through the client portal by the MCR Provider.
- MCR Provider will receive follow-up communication within 90 minutes of referral for additional information/to determine if case meets acceptance criteria for CSMDT staffing.
- A case staffing will be scheduled within 24-48 hours of case acceptance.
- CSMDT will collect relevant documentation including MCR assessments, Health Risk Screenings, Individualized Plan of Care, Critical/Significant Incident Reports, DCFS reports, medical reports, mental health reports, etc.
 - All available reports will be shared and reviewed by CSMDT team members.
 - Upon completion of the case staffing the CSMDT will make recommendations to address the behavioral health needs of the Youth in Care.