

**Clinical Policy: Calcipotriene/Betamethasone Dipropionate Foam (Enstilar)**

Reference Number: IL.PMN.181

Effective Date: 1.1.20

Last Review Date: 3.25.22

Line of Business: Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

**Description**

Calcipotriene 0.005% and betamethasone dipropionate 0.064% foam (Enstilar®) is a combination topical product of a vitamin D analog and a corticosteroid.

**FDA Approved Indication(s)**

Enstilar is indicated for the topical treatment of plaque psoriasis (PsO) in patients 12 years of age and older.

**Policy/Criteria**

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation® that Enstilar is **medically necessary** when the following criteria are met:

**I. Initial Approval Criteria**

**A. Plaque Psoriasis** (must meet all):

1. Diagnosis of PsO;
2. Age  $\geq$  12 years;
3. Failure of a medium to ultra high potency topical corticosteroid (*see Appendix B*) unless contraindicated or clinically significant adverse effects are experienced;
4. Failure of calcipotriene, unless contraindicated or clinically significant adverse effects are experienced
5. Dose does not exceed 60 g every 4 days (7 canisters per month).

**Approval duration: One month**

**B. Other diagnoses/indications**

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized CP.PMN.53 for Medicaid).

**II. Continued Therapy**

**A. Plaque Psoriasis** (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;

- If request is for a dose increase, new dose does not exceed 60 gm every 4 days (7 canisters per month).

**Approval duration: Up to one month of total treatment** (a single continuous course of therapy up to 4 weeks is recommended)

**B. Other diagnoses/indications** (must meet 1 or 2):

- Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

**Approval duration: Duration of request or 12 months (whichever is less);** or

- Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.PMN.53 for Medicaid.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

FDA: Food and Drug Administration

PsO: plaque psoriasis

*Appendix B: Therapeutic Alternatives*

*This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.*

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
calcipotriene (Dovonex <sup>®</sup> ) cream, ointment, solution	Apply topically to the affected area(s) BID	100 g/week
<b>Ultra-High Potency Topical Corticosteroids</b>		
augmented betamethasone dipropionate 0.05% (Diprolene <sup>®</sup> , Alphatrex <sup>®</sup> ) ointment, gel	Apply topically to the affected area(s) BID	Should not be used for longer than 2 consecutive weeks
clobetasol propionate 0.05% (Temovate <sup>®</sup> , Temovate E <sup>®</sup> ) cream, ointment, gel, solution		
diflorasone diacetate 0.05% (Apexicon <sup>®</sup> ) ointment		

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Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
halobetasol propionate 0.05% (Ultravate®) cream, ointment		
High Potency Topical Corticosteroids		
augmented betamethasone dipropionate 0.05% (Diprolone®, Diprolene® AF) cream, lotion	Apply topically to the affected area(s) BID	Should not be used for longer than 2 consecutive weeks
betamethasone dipropionate 0.05% ointment		
desoximetasone (Topicort®) 0.25%, 0.05% cream, ointment, gel		
diflorasone 0.05% (Apexicon E®) cream		
fluocinonide acetonide 0.05% cream, ointment, gel, solution		
triamcinolone acetonide 0.5% (Aristocort®, Kenalog®) cream, ointment		
Medium/Medium to High Potency Topical Corticosteroids		
betamethasone dipropionate 0.05% cream	Apply topically to the affected area(s) BID	Should not be used for longer than 2 consecutive weeks
desoximetasone 0.05% (Topicort®) cream, ointment, gel		
fluocinolone acetonide 0.025% (Synalar®) cream, ointment		
fluticasone propionate 0.05% (Cutivate®) cream		
mometasone furoate 0.1% (Elocon®) cream, lotion, ointment		
triamcinolone acetonide 0.1%, 0.25%, 0.5% (Aristocort®, Kenalog®) cream, ointment		

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Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

#### Appendix C: Contraindications/Boxed Warnings

None reported

#### V. Dosage and Administration

Drug Name	Dosing Regimen	Maximum Dose
Calcipotriene 0.005% and betamethasone dipropionate 0.064% (Enstilar)	Apply topically to affected areas QD for up to 4 weeks. Avoid use on face, groin, axillae, skin treatment site with atrophy present, or with occlusive dressing unless directed by a healthcare provider.	60 g/4 days

#### VI. Product Availability

Foam: 60 g, 100 g

#### VII. References

1. Enstilar Prescribing Information. Parsippany, NJ: LEO Laboratories Ltd; August 2021. Available at: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2021/207589s011lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2021/207589s011lbl.pdf). March 25, 2022.
2. Elmetts CA, Korman NJ, Prater EF, et al. Joint AAD-NPF Guidelines of care for the management and treatment of psoriasis with topical therapy and alternative medicine modalities for psoriasis severity measures. J Am Acad Dermatol 2021;84:432-70.
3. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2021. Available at: <http://www.clinicalpharmacology-ip.com/>. Accessed August 11, 2021.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
New policy created, adapted CP.PMN.181 Calcipotriene-Betamethasone Dipropionate Foam policy.	12.10.19	1.7.20
Q4 2020 references reviewed and updated. Changed age $\geq 18$ to Age $\geq 12$ years;	12.5.20	
1Q 2021 Annual Review: no significant changes. References reviewed and updated.	3.25.22	

#### Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and

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#### **Note:**

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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