

## Clinical Policy: Ubrogepant (Ubrelyv)

Reference Number: IL.PHAR.476

Effective Date: 04.01.22

Last Review Date: 03.18.22

Line of Business: Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### Description

Ubrogepant (Ubrelyv<sup>™</sup>) is a calcitonin gene-related peptide (CGRP) receptor antagonist.

### FDA Approved Indication(s)

Ubrelyv is indicated for the acute treatment of migraine with or without aura in adults.

Limitation(s) of use: Ubrelyv is not indicated for the preventive treatment of migraine.

### Policy/Criteria

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Ubrelyv is **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

##### A. Migraines (must meet all):

1. Diagnosis of migraine headaches;
2. Age  $\geq$  18 years;
3. Failure of at least TWO formulary 5HT<sub>1B/1D</sub>-agonist migraine medications (e.g., sumatriptan, rizatriptan) at up to maximally indicated doses, unless clinically significant adverse effects are experienced or all are contraindicated;
4. Dose does not exceed 200 mg (2 tablets) per day, 8 days per month, and 50 tablets per year

**Approval duration: 6 months**

##### B. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized); CP.PMN.53 for Medicaid.

#### II. Continued Therapy

##### A. Migraines (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;

- If request is for a dose increase, new dose does not exceed 200 mg (2 tablets) per day, 8 days per month, and 50 tablets per year

**Approval duration: 12 months**

**B. Other diagnoses/indications (must meet 1 or 2):**

- Currently receiving medication via Centene benefit and documentation supports positive response to therapy.  
**Approval duration: Duration of request or 12 months (whichever is less); or**
- Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.PMN.53 for Medicaid, or evidence of coverage documents

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

5-HT: serotonin

AAN: American Academy of Neurology

CGRP: calcitonin gene-related peptide

FDA: Food and Drug Administration

*Appendix B: Therapeutic Alternatives*

*This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.*

<b>Abortive Migraine Therapy</b>		
<b>Drug Name</b>	<b>Dosing Regimen</b>	<b>Dose Limit/ Maximum Dose</b>
<b><i>Triptans</i></b>		
naratriptan (Amerge <sup>®</sup> )	One tablet (1 or 2.5 mg) PO at onset; can be repeated in 4 hours	5 mg/day
almotriptan (Axert <sup>®</sup> )	6.25 to 12.5 mg PO QD May repeat dose in 2 hours	25 mg/day
frovatriptan (Frova <sup>®</sup> )	2.5 mg PO QD May repeat dose in 2 hours	7.5 mg/day
sumatriptan (Imitrex <sup>®</sup> nasal spray)	One spray (5 to 20 mg) at onset into one nostril; can be repeated in 2 hours	40 mg/day
sumatriptan (Imitrex <sup>®</sup> )	One tablet (25 to 100 mg) PO at onset; can be repeated in two hours	200 mg/day
rizatriptan (Maxalt <sup>®</sup> /Maxalt MLT <sup>®</sup> )	One tablet (5 or 10 mg) PO at onset of migraine headache; can be repeated in two hours	30 mg/day
eletriptan (Relpax <sup>®</sup> )	20 or 40 mg PO QD May repeat dose in 2 hours	40 mg/dose 80 mg/day

<b>Abortive Migraine Therapy</b>		
<b>Drug Name</b>	<b>Dosing Regimen</b>	<b>Dose Limit/ Maximum Dose</b>
zolmitriptan (Zomig®/Zomig® ZMT)	1.25 or 2.5 mg PO QD May repeat dose in 2 hours	5 mg/dose 10 mg/day
<b>Prophylactic Migraine Therapy</b>		
<b>Drug Name</b>	<b>Dosing Regimen</b>	<b>Dose Limit/ Maximum Dose</b>
<b>Antiepileptic Drugs**</b>		
divalproex sodium (Depakote®)	500 to 1,000 mg/day PO	1,000 mg/day
divalproex sodium ER (Depakote® ER)	500 to 1,000 mg/day PO	1,000 mg/day
topiramate (Topamax®)	100 mg/day PO	100 mg/day
<b>Beta-Blockers</b>		
metoprolol (Lopressor®)	200 mg/day PO	200 mg/day
propranolol (Inderal®)	80 to 240 mg/day PO	240 mg/day
timolol (Blocadren®)	20 to 30 mg/day PO	30 mg/day
atenolol (Tenormin®)	100 mg/day PO	100 mg/day
nadolol (Corgard®)	80 to 240 mg/day PO	240 mg/day
<b>Serotonin Reuptake Inhibitors</b>		
venlafaxine XR (Effexor XR®)	150 mg/day PO	150 mg/day
<b>Tricyclic Antidepressants</b>		
amitriptyline (Elavil®)	30 to 150 mg/day PO	150 mg/day
<b>CGRP Inhibitors**</b>		
Aimovig (erenumab)	70 mg SC once a month; may be increased to 140 mg SC once a month	140 mg/month
Ajovy (fremanezumab)	225 mg SC once a month or 675 mg SC every 3 months	225 mg/month or 675 mg/3 months
Emgality (galcanezumab)	240 mg SC as a single loading dose, followed by 120 mg SC once a month	120 mg/month
Vyepti (eptinezumab-jjmr)	The recommended dosage is 100 mg IV every 3 months. Some patients may benefit from a dosage of 300 mg IV every 3 months.	300 mg every 3 months

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

\*\*FDA approved.

#### Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): concomitant use with strong CYP3A4 inhibitors
- Boxed warning(s): none reported

#### Appendix D: General Information

- The AAN recommends that prophylactic migraine medications should be considered if the patient experiences 2 or more attacks per month that produce aggregate disability of 3 or more days/month.
- The AAN and the National Headache Foundation recommend that prophylactic migraine medications should be considered if one or more of the following are present: greater than 2 migraine headaches per week; migraines cause significant impairment in daily routine even with abortive treatment; contraindication to, adverse effects, overuse or failure of abortive migraine medications, presence of uncommon migraine condition (e.g., basilar migraine); or patient requesting prophylactic therapy.

## **V. Dosage and Administration**

Indication	Dosing Regimen	Maximum Dose
Migraines	50 or 100 mg PO, as needed. If needed, a second dose may be administered at least 2 hours after the initial dose. The maximum dose in a 24-hour period is 200 mg.	200 mg/day

## **VI. Product Availability**

Tablets (package size 10, 12, 30): 50 mg, 100 mg

## **VII. References**

1. Ubrelvy Prescribing Information. Madison, NJ: Allergan USA, Inc.; December 2019. Available at: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2019/211765s000lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/211765s000lbl.pdf). Accessed September 15, 2021.
2. Dodick DW, Lipton RB, Ailani J, et al. Ubrogapant for the treatment of migraine. N Engl J Med 2019 Dec 5; 381:2230-41.
3. Lipton RB, Dodick DW, Ailani J, et al. Effect of ubrogapant vs placebo on pain and the most bothersome associated symptom in the acute treatment of migraine: the ACHIEVE II randomized clinical trial. JAMA 2019; 322(10):1887-98.
4. American Headache Society. The American Headache Society position statement on integrating new migraine treatments into clinical practice. Headache. 2019;59:1-18.
5. MICROMEDEX® Healthcare Series [Internet database]. Greenwood Village, Colo: Thomson Healthcare. Updated periodically. Accessed September 15, 2021.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created, adapted from CP.PHAR.476 Ubrogapant (Ubrelvy™) for HFS PDL.	3.18.22	

## **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and

accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

**Note:**

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

©2020 Centene Corporation. All rights reserved. All materials are exclusively owned by Centene Corporation and are protected by United States copyright law and international copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Centene Corporation. You may not alter or remove any trademark, copyright or other notice contained herein. Centene® and Centene Corporation® are registered trademarks exclusively owned by Centene Corporation.