

## Clinical Policy: Overactive Bladder Agents

Reference Number: IL.PMN.198

Effective Date: 1.1.20

Last Review Date: 5.31.24

Line of Business: Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### Description

The following are overactive bladder agents requiring prior authorization: mirabegron (Myrbetriq<sup>®</sup>, Myrbetriq<sup>®</sup> Granules), fesoterodine (Toviaz<sup>®</sup>), solifenacin (Vesicare<sup>®</sup>, Vesicare LS<sup>™</sup>), and vibegron (Gemtesa<sup>®</sup>).

### FDA Approved Indication(s)

Gemtesa, Myrbetriq, Toviaz, Vesicare, and darifenacin are indicated for the treatment of overactive bladder with symptoms of urge urinary incontinence, urgency, and frequency. Gemtesa, Myrbetriq, Toviaz, and Vesicare is specifically indicated for adults.

Myrbetriq, Myrbetriq Granules, Toviaz and Vesicare LS are indicated for the treatment of neurogenic detrusor overactivity in pediatric patients:

- Aged 3 years and older and weighing 35 kg or more (Myrbetriq);
- Aged 3 years and older (Myrbetriq Granules);
- Aged 6 years and older and weighing greater than 25 kg (Toviaz);
- Aged 2 years and older (Vesicare LS).

### Policy/Criteria

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that overactive bladder agents are **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

##### A. Overactive Bladder (must meet all):

1. Diagnosis of overactive bladder;
2. Member meets one of the following (a or b):
  - a. Age  $\geq$  18 years;
  - b. Member has neurogenic detrusor overactivity, and request is for one of the following (i, ii, or iii):
    - i. Vesicare LS, and age is between 2 to 17 years;
    - ii. Myrbetriq Granules, and age is between 3 to 17 years;
    - iii. Myrbetriq, age is between 3 to 17 years, and member weighs at least 35 kg;
    - iv. Toviaz, age is between 6 to 17 years, and member weights at least 25 kg;

3. Failure of 2 formulary generic overactive bladder agents (e.g., oxybutynin, bethanechol, and solifenacin) each used for 30 days, unless contraindicated or clinically significant adverse effects are experienced;
4. If request is for brand Vesicare: Member must use the generic version of the requested product, unless contraindicated or clinically significant adverse effects are experienced;
5. If request is for Vesicare LS and age  $\geq$  18 years: Medical justification supports inability to use oral solifenacin (e.g., contraindications to excipients, inability to swallow);
6. Dose does not exceed the FDA-approved maximum recommended dose for the relevant drug.

**Approval duration:**

**Medicaid** – 12 months

**B. Other diagnoses/indications (must meet 1 or 2):**

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.PMN.255 for Medicaid; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.PMN.16 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.PMN.53 for Medicaid.

**II. Continued Therapy**

**A. Overactive Bladder (must meet all):**

1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member is responding positively to therapy;
3. If request is for brand Vesicare: Member must use the generic version of the requested product, unless contraindicated or clinically significant adverse effects are experienced;
4. If request is for Vesicare LS and age  $\geq$  18 years: Medical justification supports continued inability to use oral solifenacin (e.g., contraindications to excipients, inability to swallow);

5. If request is for a dose increase, new dose does not exceed the FDA-approved maximum recommended dose for the relevant drug or health plan approved quantity limit for the relevant drug.

**Approval duration:**

**Medicaid** – 12 months

**B. Other diagnoses/indications (must meet 1 or 2):**

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: and CP.PMN.255 for Medicaid; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.PMN.16 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.PMN.53 for Medicaid.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off-label use policy – CP.PMN.53 for Medicaid.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

FDA: Food and Drug Administration

*Appendix B: Therapeutic Alternatives*

*This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent and may require prior authorization.*

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
oxybutynin (Ditropan XL <sup>®</sup> )	5 to 10 mg PO QD	30 mg/day
oxybutynin (Ditropan <sup>®</sup> )	5 mg PO BID or TID	20 mg/day
tolterodine IR (Detrol <sup>®</sup> )	2 mg PO BID	4 mg/day
tropium (Sanctura <sup>®</sup> )	20 mg PO BID	60 mg/day
tropium ER (Sanctura <sup>®</sup> XR)	60 mg PO QD	60 mg/day

*Therapeutic alternatives are listed as Brand name<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic.*

*Appendix C: Contraindications/Boxed Warnings*

- Contraindication(s):
  - Hypersensitivity to any component in the requested product
  - Darifenacin Toviast, Vesicare, and Vesicare LS are also contraindicated in patients with, or at risk for, the following conditions:
    - Urinary retention
    - Gastric retention
    - Uncontrolled narrow-angle glaucoma
  -
- Boxed warning(s): none reported

**V. Dosage and Administration**

Drug Name	Dosing Regimen	Maximum Dose
Fesoterodine (Toviaz)	<p><i>Pediatric patients:</i>            &gt; 25 kg to ≤ 35 kg: Recommended dose is 4 mg PO QD. If needed, dosage may be increased to 8 mg PO QD.            &gt; 35 kg: Recommended starting dose is 4 mg PO QD. After one week, increase to 8 mg PO QD.</p> <p><i>Adults:</i> 4 mg PO QD</p>	8 mg/day
Mirabegron (Myrbetriq)	25 mg PO QD; can be given alone for either indication or in combination with solifenacin succinate 5 mg PO QD for OAB	50 mg/day
Mirabegron (Myrbetriq Granules)*	<p><i>Pediatric patients:</i>            11 to &lt; 22 kg: 3 mL (24 mg) PO QD            22 to &lt; 35 kg: 4 mL (32 mg) PO QD            ≥ 35 kg: 6 mL (48 mg) PO QD</p> <p><i>Adults:</i> A recommended dosage for Myrbetriq Granules for adults has not been determined.</p>	11 to < 22 kg: 6 mL (48 mg)/day 22 to < 35 kg: 8 mL (64 mg)/day ≥ 35 kg: 10 mL (80 mg)/day
Solifenacin (Vesicare)	5 mg PO QD	10 mg/day
Solifenacin (Vesicare LS)	9-15 kg: 2 mL PO QD > 15-30 kg: 3 mL PO QD > 30-45 kg: 3 mL PO QD > 45-60 kg: 4 mL PO QD > 60 kg: 5 mL PO QD	9-15 kg: 4 mL > 15-30 kg: 5 mL > 30-45 kg: 6 mL > 45-60 kg: 8 mL > 60 kg: 10 mL
	After administration of the recommended starting dose, the dose may be increased to the lowest effective dose but should	

Drug Name	Dosing Regimen	Maximum Dose
	not exceed the maximum recommended dose	
Darifenacin (Enablex)	7.5 mg PO QD	15 mg/day
Vibegron (Gemtesa)	75 mg PO QD	75 mg/day

## VI. Product Availability

Drug Name	Availability
Fesoterodine (Toviaz)	Extended-release tablets: 4 mg, 8 mg
Mirabegron (Myrbetriq)	Extended-release tablets: 25 mg, 50 mg
Mirabegron (Myrbetriq Granules)	Granules for extended-release oral suspension: 8 mg/mL after reconstitution
Solifenacin (Vesicare)	Tablets: 5 mg, 10 mg
Solifenacin (Vesicare LS)	Oral suspension: 5 mg/5 mL (1 mg/mL)
Darifenacin	Extended-release tablets: 7.5 mg, 15 mg
Vibegron (Gemtesa)	Tablets: 75 mg

## VII. References

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Reviews, Revisions, and Approvals	Date	P&T Approval Date
New policy created, adapted CP.PMN.198 Overactive Bladder Agents policy.	12.17.19	1.7.20
1Q 2021 annual review. No significant changes. Reference updated.	12.28.20	
Added Vesicare LS with corresponding criteria; added If request is for Vesicare LS and age ≥ 18 years: Medical justification supports inability to use oral solifenacin	1.25.21	
2Q 2021 Annual Review: updated FDA indication; added Myrbetriq Granules and new indication for pediatric neurogenic detrusor overactivity; updated table for product availability; updated contraindication; updated tablet dosage and administration; reviewed and updated references	6.25.21	
RT4: added Toviaz’s pediatric extension of the overactive bladder indication.	9.2.21	
3Q2022 annual review: no significant changes, references reviewed and updated	9.9.22	
1Q 2024 Annual Review: Template changes applied to other diagnoses/indications and continued therapy section. Added Appendix B. References reviewed and updated.	2.5.24	
2Q 2024 annual review: no significant changes; removed references to Enablex as branded product was discontinued; added Gemtesa; references reviewed and updated.	5.31.24	

**Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy,

contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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**Note:**

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

**For Health Insurance Marketplace members**, when applicable, this policy applies only when the prescribed agent is on your health plan approved formulary. Request for non-formulary drugs must be reviewed using the non-formulary policy; HIM.PA.103.

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